## **Quality Time Ideas**

By Rebecca Cronk McGeary on Saturday, 20 February 2016 at 17:51

Let's try to build a list of fun and creative ways to fill our loved ones' buckets and get some quality one on one time!

## FREE:

- Nerf gun battle
- ask your kid to teach you how do something he/she loves (even if you already know how to do it!)
- cook/bake something together
- color/paint/craft together
- take turns brushing each other's hair, giving each other a massage, or scratching each other's back
- play a video game together
- pack a picnic and take it to a local park
- play frisbee/basketball (a quick game of HORSE, maybe?)/other sport of choice
- go swimming...and get your hair WET!
- go to the playground and pretend it's your castle
- hide and go seek
- play tag
- water balloon/water gun fight
- pop some popcorn and watch a movie
- go ice skating
- build lego creations together
- read a book together
- build a fort...and get in it!
- write/illustrate a book together
- take a walk/hike/bike ride/scooter ride
- check out the events your local library offers and attend one

## CHEAP (less than \$10):

- coffee/tea date at local coffee shop bring a board/card game, devices to play a video game, or just chat
- take a trip to the local dollar store and let your kid buy anything he/she wants
- go out for ice cream

## SPENDY:

- go to the movies
- go to the theater to see a live show
- laser tag
- go out for dinner (kid's choice!)
- bowling
- go-karts
- go to the zoo

- overnight trip, just the two of you (from one night of backyard camping to a long weekend at a resort)
- go to a concert
- go to a local fair/festival
- rock climbing